

# Things I Can Do at Home



Sensory



Life Skills



Academics



Movement



Leisure



# Sensory



take a bubble bath



shaving cream on table



play doh



trampoline



swing



spin



sensory bin



hugs and squeezes



dance



painting



strings



slime



sensory bottle



blow up/play balloons



guess the smell



simon says



bean bag break



burrito



# Life Skills



unload dishwasher



laundry



take trash out



sorting silverware



pair socks



folding



wash car



chore cards



money practice



yardwork



cooking



make beds



vacuum



sweeping



put clothes away



put toys away



do dishes



chores



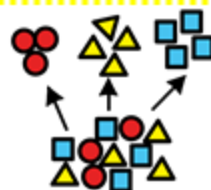
# Academics



Unique Learning System



Activities to Go



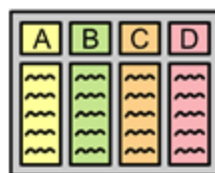
sorting



Learning Games



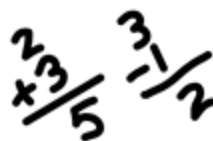
learning games



vocabulary



reading



math



worksheet



science



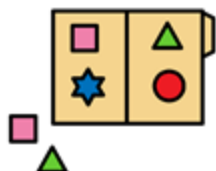
social studies



homework packet



writing



file folder activity



work boxes

Aa Bb Cc  
Dd Ee Ff

letters

1 2 3  
4 5 6  
7 8 9 0

numbers



money



# Movement



yoga



walk



swingset



play outside



dance



trampoline



soccer



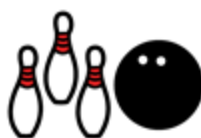
run



obstacle course



animal races



hallway bowling



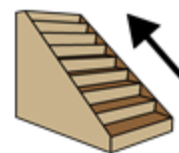
pillow fight



smash bubbles



wall push ups



stairs



jump rope



walk the dog



basketball



# Leisure



drawing



games



play



blocks



water play



play doh



dolls



puzzles



art project



read books



play outside



ride bike



watch TV



YouTube



listen to music



card game



computer



iPad



# Daily Schedule



breakfast



brush teeth



bathroom



snack



lunch



pajamas on



nap



rest



dinner



exercise



community



doctor



car



clean



bedtime



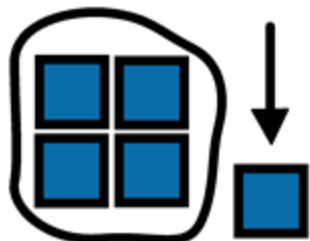
Activity Schedule



get dressed



hang out

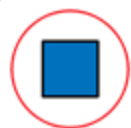


# Extras

Draw and/or write any extra pieces you need for your child's schedule.

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|--|--|--|
| Draw and/or write any extra pieces you need for your child's schedule. |  |  |
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# Choice Board

Put available choices on this board and let your child choose activities.

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# Finished Pieces

Use these pieces to cover up finished activities.

